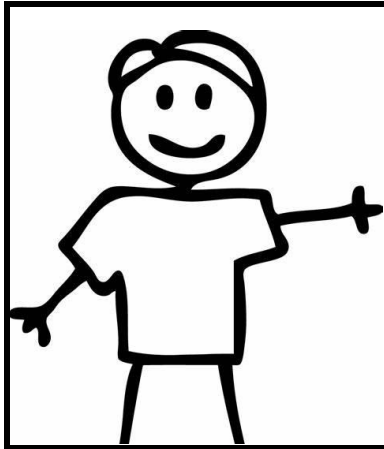


John Smith



Classroom: Riverrocks 1

Diagnoses: Autism, SPD

ACCOMODATIONS

- John is allowed to choose whether he is able to engage in the class or not - and may calmly disengage by himself (in the class resting/ doing a quiet activity or in the sensory area)
- Incorporate verbal warnings that a transition is about to happen especially when parents will begin picking up - i.e. "we have one more minute of this activity and then we are going to watch the video."
- offering an explanation for any demands and alternative choices. I.e. "We are done drawing on the chalkboard right now because it is too distracting while we watch the lesson on the tv. Would you like to draw on a piece of paper during the lesson or you can hold onto a piece of chalk and when the lesson is over you can draw on the board again."

LIKES/INTERESTS/STRENGTHS

- Weather, Clouds & Tornados
- Gardening
- Pokemon
- Martial Arts
- Playing Ice Hockey
- Playing tic-tac-toe and solving mazes
- Playing pinball and arcade games

JOHN'S UNIQUE NEEDS

- "demand avoidant" *
- Has a fear of missing out
- "Sensory-seeking" *
- Takes things more literally
- Doesn't always recognize name

- For activities that require taking turns, consider allowing John his turn more towards the beginning of an activity instead of the end.
- When irritated, hyperactive or overstimulated - offer a break, to lie down, and/or a fidget.
- Lightly put your hand on his shoulder to help get his attention - when calling his name if he is not responding.
- Directly saying "John please do this" instead of "Can you please do x,y,z?"

Important Definitions*:

Demand avoidant- involves not being able to do certain things at certain times. Autistic people may avoid demands or situations that trigger anxiety or sensory overload, disrupt routines, involve transitioning from one activity to another, and activities/events that they don't see the point of or have any interest in.

Sensory seeking - behaviors that consist of intense interest in sensory input. Sometimes called **sensory** craving, it is the tendency to **seek** out experiences across the 8 different senses.